

Triathlon Training Camp

Swim, Bike & Run coaching for KIDS!!

I SWIM. I BIKE. I RUN.
I TRI.



Conway Regional Health & Fitness Center's
KIDS TRIATHLON TRAINING CAMP

led by Erika Setzler

PERSONAL TRAINER | EXPERIENCED ATHLETE
All-American Triathlete 2015 - top 10% in age group in the country
70.3 Ironman New Orleans | USAT National Qualifier

NEW this year | (2) sessions to choose from!

Monday & Wednesday Session

July 30, August 1, 6 & 8 | 9 - 10:30 a.m.

or

Tuesday & Thursday Session

July 31, August 2, 7 & 9 | 9 - 10:30 a.m.

*participants are not allowed to mix days

Open to all kids ages 6-15 | LIMITED spots available in each session!

Member | \$25 per child & Non-member \$30 per child

This training camp will help prepare your child for the
Conway Kids Triathlon on Saturday, August 11!

www.ConwayKidsTri.com



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